



# The Twelve Gifts

**When you use these gifts you can make your dreams come true.**

1. **The Gift of *Surrounding Yourself With Success***
2. **The Gift of *Choice***
3. **The Gift of *Helping Other People Grow***
4. **The Gift of *Believing in Yourself***
5. **The Gift of *Changing Your Self-Talk***
6. **The Gift of *Exceptional Attitude***
7. **The Gift of *Finding Your Focus***
8. **The Gift of *Setting Great Goals***
9. **The Gift of *Taking Control of Your Time and Your Life***
10. **The Gift of *Putting Yourself Into Action***
11. **The Gift of *Never Giving Up***
12. **The Gift of *Doing Something You Love***



**In his book *The Gift* Shad Helmstetter says “Together, these twelve gifts make up the most important tools for personal growth I have found in over thirty years of research in the field of human behavior and motivational psychology. They are the best of the best. When you use them, your most incredible dreams begin to come to life.”**

**Believe in Your Dreams!!  
Jackie Jacobi**

