

7. Do you tend to focus on:
(a) Limitations or (b) Opportunities
8. Do you find yourself saying:
(a) I hope or (b) I will
9. Do you tend to be a:
(a) Distancer or (b) An engager
10. When contemplating the future do you think:
(a) I'll wait and see what happens or
(b) Onward!

The more you answered with (b) the greater is your tendency to be a Positive Leader.

What makes Positive Leaders? There is some research that indicates that there is a genetic component to how we approach the world. We certainly learn many of our thoughts and behaviors from our role models such as parents and teachers. But you can always expand your capabilities, and stretch toward new possibilities by incorporating the following words into your vocabulary: possibilities, challenges, opportunities, openings, feasibility, workability, potential, unlimited. Replace fear and anxiety with challenge and determination to achieve excellence and feel happier.

Make choices that affirm your powerfulness as opposed to powerlessness. Develop a stubborn commitment to succeed and become great and affirm it every chance you get. Discover the lesson in each challenge and become stronger as a result. Act with passion, love what you do, find the gold in every situation, it is there. You will be happier as you surround yourself with others who share your enthusiasm for life.

The path to Positive Leadership is a choice. Choosing to implement this outlook may require intense focus as you work to shift habitual ways of living and thinking.

Leadership is about Growing. Leaders challenge themselves to continually develop and improve their skills and emotional intelligence, this increases their human capital value.

What have you learned and applied this month?